Walkathon 96 is coming

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OTTAWA **JEWISH**



the future our promise

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Prizes, games await Walkathon '96 participants

The 1996 Walkathon promises to be one of The 1956 Walkathon promises to be one of the most innovative in years. There are various reasons for this spirit of renewal. For the first time ever, the chair of the event is a group rather than an individual - the 39th Ottawa Henry "Hank" Torontow Scouting Ottawa Henry Hank forontow Scouling movement. The group leaders and parents are very excited about the project and have many new ideas for improving the Walkathon, including making it more known in the community and attracting new walk-

The two leaders of the Walkathen '96, Tal Gilboa Maoz and Howie Osterer, are dediconsist Mazz and Howie Osterer, are dedicated to making this year's Walkathon one of the best and most memorable that the Ottawa Jewish community has experienced. And most importantly, their gcal of raising \$96,000 is very much within reach.

There will be many exiting changes this year. The Jewish Community Campus at 881 Broadview will be transformed into a giant playground with bicycle rodeos, obstacle courses, batting cages, magicians, and clowns. Musical entertainment will be prociowns. Musical entertainment will be pro-vided by Choonga Changa and the JCC con-

For the first time there are incentive For the first time there are incentive prizes for every participant. All registrants will receive a "fanny pack" full of gifts. Those raising \$50 will receive a t-shirt. Ear-lier this year, the Jewish Teen Council held a contest and the winning design has been

Of course, not everything bas been changed. The traditional foods available at the Walkathon will still be there: the hot dogs, hamburgers, chips, cotton candy and

popcorn.

Grab your sponsorship envelope enclosed with this Bulletin and start knocking on

Walkathon provides the perfect opportunity to help your community while you enjoy a day with your family.

a contest and the winning design has been incorporated on these t-shirts. Other prizes include Oakley-style sunglasses, memberships in the Ottawa Athletic Club, radios and sleeping bags. The Yitzhak Rabin category walkers, those raising over \$10,000, will receive a free airplane ticket to Israel. Scouters will be distributing hundreds of prizes to walkers spotted along the Welkathon route wearing the official Walkathon t-shirt.

Of course, not everything bas been

Come celebrate Jerusalem 3000

Jewish communities the world over will be celebrating Yom Yerushalayim 3000 on Thursday, May 16, in honor of the 3,000 years of Jerusalem's central importance to the Jewish people.

In celebration of this festive occasion, the Israel Program Centre and Machzikei Hadas Congregation have planned a fun-filled evening for young and old. Cari Kerzner and Mark Kerzner, a brother and sister team, are chairing

Machzikei Hadas Synagogue will be transformed into a Jerusalem streetscape for the evening. A children's performance of song, dance and nerration has been prepared by Arlazar Eliashiv, director of Hebrew education at Hillel Academy. In addition, books containing poetry submitted by local Hebrew school students will be sold as keepsakes of the occasion.

The evening will also feature Ottawa's cantroperforming a selection of songs celebrating the city of Jerusalem.

the city of Jerusalem.

The informal part of the evening will resemble a street party with singing, dancing and food. A professional klezmer-style band, Toron-



snack.

Make plans to be part of Yom Yerushalayim
3000 with the Ottawa Jewish community. Don't
miss the opportunity to celebrate; it only happens once in 3,000 years.

Illustration by Jane Sanders Courtesy of *The Western Jewish Bulletin*

Community Capital Campaign

Seven million pledged to date

By Cynthia Nyman Engel

With a firm seven million dollars aiready pledged to the collars arready piedged to the Community Capital Campaign, the Ottawa Jewish Community is more than halfway home in its attempt to raise the \$13 mil-lion necessary for relocation to the Broadview Campus.

"In just five weeks we have realized 54 per cent of our total goal," an elated Campaign Chair Roger Greenberg said. "It is remarkable to be able to report this initial achievement at this early stage of the cam-

paign.
"The next phase of our campaign is to reach out to the community with members of our campaign team speaking per-sonally to each and every mem-

ber of the community."

For purposes of canvassing, the community has been dividthe community has been divided into seven divisions, each representing a specific level. Each division chair will be directly involved in the recruitment of vice-chairs who will serve as canvassers

Division chairs are:
Division I - Zeev Vered
Division II - Chick and

lrving Taylor Division III - Lawrence Soloway and Gerry Levitz

Division IV - Dan Cantor and Norman Lesh

Division V - Ruth and Ron Division VI - Steven

Kimmel and Charles Schachnow

Division VII Phonathon Ron Cherney and Lori Loeb

Canvassing will be conduct-ed on a two-on-one basis with the exception of the Division VII Phonathon. The Public Relations Committee, chaired by Mark Resnick, has created by Mark Resnick, has created canvassing tools in the form of a video program and a detailed campaign brochure to aid can-vassers in presenting a positive case for community support.

More than 100 people have already responded to the call to serve as canvassers in the campaign organization.

paign organization.
"The community has indi-cated it is behind this effort all the way," Greenberg said.
"With all members of the com-munity pitching in to the very best of their ability, we're going

to create something very special on the Broadview Campus that will serve generations of Ottawa's Jewish citizens well Ottawa's Jewish citizens well into the next century.

"The balance to goal of six million dollars is very doable," he said. "Between now and the campaign's closing date of August 31, with all of us pulling together, well do it. "We will be very proud of our accomplishments as a Jewish community and through these efforts preserve our heritage

efforts preserve our heritage for future generations."

CAMPAIGN PROGRESS CHART



COMMENTARY

Comprehensive peace agreement only solution in Middle East



VAAD REPORT

LAWRENCE GREENBERG PRESIDENT, VAAD HA'IR

media and elsewhere for its recent operations in Lebanon aimed at stopping the attacks on its northern villages time, it is important for the Jewish community in the Diaspora to support the government and the people of Israel as they try to deal with an extremely difficult situation.

As Jews we know all too well the suffering that the Lebanese people must be going through as they try to come to terms with the ravages of war and we offer our condo-lences to the families of all the victims.

On the other hand, Israel has a right to protect its citizens from terrorist attacks. Hezbollah rocket attacks have caused considerable damage in northern Israel. Amongst the damage, the Canada Centre in Metulla, which the Ottawa Jewish community helped fund, was hit by a Katyusha rocket that landed only metres away. Thankfully, nobody was hurt as the centre had been closed since the start of hostilities, but the damage to the building has been estimated at \$1 million (US).

But the real tragedy is not about buildings, but about people. The present confrontation accelerated when the government of Israel refused to accept the constant shelling of the northern communities by the Hezbollah guerrillas based in Lebanon. In

order to save lives and until an agreement is achieved, thousands of people who live along the confrontation line have been evacuated from their homes These people know that they are alive because they have been evacuated from the war zone, but this does not make their situation any easier.

The only solution to the violence in the northern region is a comprehensive peace agreement that will ensure security on both sides of the border. The Israeli gov ernment has stated that if a peace agree-ment is reached, it would withdraw all its forces from southern Lebanon within nine months. Israel awaits a response

In order to achieve a lasting peace in the region, the Lebanese government and the Syrians must rein in terrorists in southern Lebanon. As long as terrorists are allowed to launch attacks against Israel and its citizens, the Israeli government will be forced to do whatever it must do to protect its cit-

We in the Diaspora must do our part as well. We must observe and discuss events in the Middle East in the context that war is hell for all living souls. We must call, write, and visit our friends and families in Israel and show support for them in their time of angst. We must not lose faith in the quest for peace as this avenue remains the serious option to prevent further bloodshed.

We have just finished celebrating Yom Ha'Atzmaut,the 48th anniversary of the founding of the State of Israel. Let us hope that the next anniversary will see Israel and her neighbours celebrating a peace that will provide security and prosperity for all.



BULLETIN COMMITTEE: Hannah Bernstein, chair, David Berman; Stephen Bindman; Norm King

Lawrence Zemen, Kesen Zunder

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Lewrence General G

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Exciting times, gratifying times

These are exciting times in the history of Ottawa's Jewish community. The excitement, which currently is just on the verge of exploding, will soon reach into every nook and cranny

I am referring to the new undertaking which will bring modern, up-to-date facilities covering the broad range of Jewish communal educational, cultural and care institutions in the one certain second. tutions into one central area. The many schools housed on Broadview will soon have a new Jewish Community Centre near that campus, and eventually a new Hillel Lodge will be

built on that site.

We all owe a great debt of gratitude to the

We all owe a great debt of gratitude to the many people, young and old, who have invested incredible amounts of time, energy, wisdom and financial resources to bring this long-telked about project into "cirtual reality".

They realized that at certain critical junctures in a community's life, we must move forward or else we risk the perils of stagnation. We have all the excuses necessary for inaction, including the fact that the economy is in bad shape, and we cannot afford it.

But when everyone else is downsizing, our community's leaders are into "empha-sizing" our future, and putting all into this endeavor. With all the effort, we will be hard pressed to translate new edifices into new vigor and new commitment without the most vital ingredient – the community itself, young and old, east and west, religious and not yet religious. The builders will build it, the rest of the community will make it or break it.

The bunders will build it, the rest of the community will make it or break it.

And, at the same time as the community focus will be on this great project, we should not lose sight of another significant effort that was launched by the community this year, an effort which I hope will grow with the years.

I speak of the Yitzhak Rabin High School, now in its first were of operation. Many who

now in its first year of operation. Many who were privileged to experience the school's open



FROM THE PULPIT

house were greatly impressed with the excitement of the staff and the students, the bonding among the students, the commitment of the teachers and their dedication to the promulga-

tion of Jewish values.

Every study of "Jewish continuity" indicates that going to a Jewish High School is the closest thing to a guarantee of one's Jewishness continuing into the next generation. This community all-day high school, added to OTI and Machon Sarah, is central to bringing Ottawa into the "major league" of Jewish communities.

And along these lines of positive developments within our community, we should take note of a new group that has recently been formed, the Ottawa Branch of the Coalition of Jewish Women for the Get.

This group, launched primarily through the

This group, launched primarily through the efforts of Robin Mader, is a welcome addition to

efforts of non-rivater, street, the community's moseic.

Generally, Ottawa fares well when it comes to granting a Get, the document necessary to finalize divorce according to Jewish law, there-

by allowing the former spouses to remarry.

Our congregation took the lead a number of years ago in passing a resolution which reads as follows:

as relews:
Any spouse who, fellowing dissolution of marriage via civil decree, refuses to cooperate in the process of assuring that a Get is finalized according to Jewish law in a Bet Din recognized by the Israell Chief Rabbinate, shall not be eligible to be a member of Congregation Machzikei Hadas.

WANTED

The Tamir Foundation is expanding rapidly and requires new kinds of expertise on its board. This



is an exciting opportunity for self-starting individuals with the skills, time and interest in the area of developmental disabilities.

If this describes you, please contact Ron Stein, Tamir president at 724-1163

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Michael Penso (left) recites the four questions with volunteer Alan Cohen

"Tamir Family" seder

By Nancy Fryer
The traditional "Third Seder" hosted hy Tamir was theroughly enjoyed by all residents, friends, hoard members, volunteers and staff.

As the Asset Sec.

unteers and staff.

As the familiar blessings and stories were narrated once again, one sensed the common bond of genuine friendship reaffirmed throughout our "Tamir Family".

Volunteers Alan Cohen and Aaron Barrett led the seder. Meredith Caplan assisted in kindling the festival lights and Michael Broitman recited the Hebrew blessing over the first cup of wine. Michael Pense asked the four questions and everyone listened intently as Robyn Ruttenberg interpreted the ancient customs and rituals, of the seder. A delicious meal followed. As is the custom, a participant exclaimed: "This was the best seder yet!"

If you know someone with a developmental disability who might be interested in participating in Tamir's Jewish cultural or other programs or if you are interested in becoming a volunteer, call Nancy Fryer (728-5658).

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Rehearsing for Babes in Arms, Centrepointe Theatre June 5-9.

JCC Theatreworks

Babes in Arms maturing

By Fat Neuman, Producer Once again, the social hall of the JCC is huzzing with theatrical activity. Four times each week, the teen company of actors, singers and dancers runs through its scenes and musical numbers in prepara-tion for this year's June 5 open-ing at Centrepointe Theatre. Watching these teens perform, one cannot help but be impressed with the manner in which this most successful JCC program has evolved over the years JCC Theatreworks has introduced numerous youngsters to the jcy of performing, and to a form of music which is often underappreciated by that

entertainment and is now recommized among the premiere community theatre companies in the National Capital Region.

JCC Theatreworks takes great pride in exposing teens to the best in musical theatre experiences. Professionals direct the shows. The creative team for Babes in Arms will consist of Jeff Kanter (artistic director), Prom Hudson (musidirector), Drum Hudson (musi-cal director) and Tami-Lynn Favilla (choreographer). This is the same team which gave us the critically acclaimed Wizard of Oz in 1994.

of Oz in 1994.
Rodgers and Hart's Babes in Arms is a show which will appeal to young and old alike. It will be performed at Centrepointe Theatre from June 5 to 9. One of the school matinees is a clearly and the contract of the school matinees is a clearly and the contract of the school matinees. age group.

Since its first production in 1986 of Fiddler on the Roof, JCC Theatreworks has continued to present popular musical aready sold out. Tickets are available at the Centrepointe

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For pickup of articles, please call the JCC at 789-1818. RECYCLE AND SUPPORT YOUR JCC AND YOUR COMMUNITY!

May is Canadian Hadassah-WIZO **Medical Services** campaign month

The goal for the 1996 Canadian Hadassah-WIZO's Medical Services campaign is to raise funds for Assaf Harofeh Hospital and the Hadassah Hospital, both in

The focus at Assaf Haro-The focus at Assaf Haro-feh is on the establishment of a modern Vascular Surgery Unit. Funds will provide for equipment and staff to allow the hospital to have a world class facility.

have a world class facility.

Canadian HadassahWIZO, the sole representative in Canada for HadassahHospital Jerusalem, is also
helping to establish the
Human Umbilieal Cord
Blood Bank and Registry.
This is a valuable source of

plantation, especially leu-kemia.

receipts will be issued for all contributions over \$10. Donations ranging from \$54 to \$50,000 can be applied to specific items or

rooms.

The campaign will culminate on Tuesday, May 28 with an evening entitled "Laughter is the Best Medicine" with special guest Ralph Bennergui. The fun begins at 7:30 pm at Machzikei Hadas with a deseart buffet. Tekste are dessert buffet. Tickets are \$18 and the event is open to

\$18 and the community.

For further information on the campaign or for tickets, contact the Ottawa ets, contact the Ottawa Hadassah-WIZO office (226-3850).

Learn to relieve tension and stress

By Estelle Melzer

Tension seems to be an inevitable part of our busy lives, and many of us find it difficult to let go and just relax. One relaxation technique which is gaining great popularity is relaxation massage. Ottawa Jewish Singles and

Ottawa Jewish Singles and the JCC invite the community to a seminar on Relaxation through Massage by Arlene Kingston-Doyle on Thursday, May 30. The program will take place at 7:00 pm at Dovercourt Recreation Centre, 411 Dovercourt Avenue, followed by coffee at Thunwn Jango's

at Tommy Tango's.

Kingston-Doyle is a registered massage therapist with over 15 years of experience and the producer of a series of over 15 years of experience and the producer of a series of instruction massage videos. She trained with the Canadian Col-lege of Massage and Hydrother-apy, has completed post-gradu-ate training in deep tissue ther-apy, shiatsu and maternity care, and is a licensed reflexolo-

Her seminar will begin with a description of massage and its benefits and uses. Participants

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Arlene Kingston-Doyle

will learn to recognize tension in their bodies and will be taught simple exercises to relieve stress. Back and neck massage as well as simple hands-on techniques for hands, feet and head will be demon-

strated.
"The body, mind and spirit work together. I believe that they must be treated with har-mony to promote total health and well-being," Kingston-Doyle explains. Relaxation massage therapy can increase concentration and physical and emotional energy. To register for this seminar or for more information, call Esther (596-1076). The cost for the seminar is \$10.00 for JCC Members; \$14.00 for non-members.

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the food is superb and you're feeling relaxed and stress free.

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LOCATION

providing an opportunity to visit the school and to meet with classmates. A Casino Night is planned for the follow-ing evening with an admission charge of \$10.00 per person. For information and tick-ets, call 239-2214 or fax 789-4443.

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Auschwitz heroine honored by Polish government

By Anna Heilman
On March 21, on behalf of my sister,
Esther Wajchlum, I accepted a posthumous medal of valor, the "Cross of
Auschwitz". The moving ceremony
took place at the Polish Embassy in

The Polish government bestowed this honor on my sister for her part in the Sonderkommando uprising at Auschwitz in October 1944. Esther was one of four young Jewish women who were caught, tortured and executed as resistance fighters for their role in the uprising. The other women were Ala Gertner, Roza Robota and Regina Safirztain.

Esther, Ala and Regina worked as slave laborers in the "Union" munitions factory at Auschwitz-Birkenau. As "essential workers" they had the best chance of survival. Nevertheless, risk-ing their lives every day, they stele gun-powder from the munitions factory. Secreting the gunpowder on their bod-ies, they engaged it neet the SS ing their lives every day, they stole gunpowder from the munitions factory.

Secreting the gunpowder on their bodies, they smuggled it past the SS
guards. Had the women been caught at the daily searches, they would have been executed immediately. They gave the smuggled gunpowder to the fourth

woman, Roza, who then passed it on to the Sonderkommando, the slave crematoria workers.

teria workers.

Before it was put down by the SS, the Sonderkommando revolt succeeded in destroying Krematorium Number Four at Auschwitz. Four hundred Jewish and non-Jewish prisoners died in the revolt and its aftermath. After months of interrogation and torture, the four women were publicly executed as resistance fighters before the whole camp on January 6, 1945, less than two as resistance inguess before the whole camp on January 6, 1945, less than two weeks before Auschwitz was forcibly and brutally evacuated by the Nazis before the advancing Red Army.

More than 50 years later, His Excel-lency, Tadeusz Diem, the Polish ambassador to Canada, honored the four Jew salor to Canada, nontred the four Jew-ish resistance fighters in a moving speech. Hana Cammy, chair of the Shoah Committee, followed with a speech of appreciation and support.



Anna Heilman recently attended a ceremony at the Polish Embassy to receive a posthumous medal of valor on behalf of her sister Esther Wajchlum. Pictured (from left to right) are Danika Faiola (Heilman's granddaughter), Heilman, Hana Cammy, chair of the Shoah Committee, His Excellency Tadeusz Diem, ambassador of Poland.

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The Tamir Foundation acknowledges with sincere thanks the following donations which were received as of April 14,

Reba Diener on the birth of her granddaughter by Jerry and Lily Penso; and by Chick and Rose Taylor.

Seymour Diener on his 40th birthday by Rae and Sydney Singerman.

Mr. and Mrs. Sam Edelson on their 58th wedding

anniversary by Bob and Irene Stein.

Mr. and Mrs. Bob Gencher on Simon's engagement by
Chick and Rose Taylor.

Mary Goldberg on her special birthday by Bess and Lawrence Weiner.

Joel Greenberg on his 40th birthday by Debbie, Norm

Joel Greenberg on his 40th birthday by Debbie, Norm and Vicky Ferkin.

Laura Greenberg on the birth of her grandson, Max Brandon, by Max and Elite Greenberg and family; and by Bernice and Isaac Kerzner and family.

Mr. and Mrs. Michael Moskovic on the birth of their son by Chick and Rose Taylor.

Pearl and David Moskovic on the birth of their grandson by Susan and John Fisher and family; and by Chick and Rose Taylor.

Rose Taylor

Mr. and Mrs. Norman Potechin on their 50th wedding anniversary by Mr. and Mrs. A. Bernstein; by Evelyn and Issie Bernstein; by Harry and Diana Hershorn, by Joe and Doris Hoffman, by Shirley and Irving Liverman; by Freda and Maxwell Lobel; and by Jerry and Lily Penso.

Mrs. I. (Mary) Potechin on her birthday by Joe and Doris Hoffman. Mary and Len Potechin on their 45th wedding

anniversary by Joe and Doris Hoffman.

Mr. and Mrs. Dave Potter on their anniversary by Joe and Doris Hoffman

Jeffrey and Barbara Rosenberg on their 25th wedding anniversary by Jeffrey Weiner.

Mr. and Mrs. Lou Satov on the birth of their granddaughter by Gloria and Arni Faintuck.

Raye Singerman on her special birthday by Morton,

Sylvia and Harris Pleet. Jeff and Susan Taylor on the birth of their son, Bram Joseph, by Debbie, Norm and Vicky Ferkin.

Seph, by Debbie, Norm and vicky Ferkin.

Chick and Rose Taylor on the birth of their grandson.

Susan and John Fisher and family; and by Max and Ellie.

erg and family Paul and Eleanor Weiner on their 50th wedding

Refuah Sh'Lemah to:

Mrs. S. Goldreich by Joe and Doris Hoffman. Joe Hoffman by Len and Mary Potechin and family. Jerry Slipacoff by Esther and Fred Ballon. Sam Taller by Libby Lieff and family.

In Memory of

Rebecca Hoffman by Gloria and Arni Faintuck; by Ernie and Reva Goldberg and family; and by Steven and Laurie Gordon and family.

Dave Perlman by Max and Ellie Greenberg

Wishing a Happy Passover to $\bf Doris\ Edelstein\ by\ Gloria$ and Arni Faintuck.

In appreciation and best wishes for a Happy Passover to Chick and Rose Taylor by Eileen, Alan, Melissa and Joshua Cohen; and by Jerry and Lily Penso and family.

Donation eards, minimum \$10.00, can be purchased contacting Reba Diener, 2010 Woodcrest Road, by contacting Reba Diener, 2010 Woodcrest Road, Ottawa, Ontario, K1H 6H8 (733-5155) or Lily Penso (725-1846)

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Jewish continuity is community priority

By Robin Mader

Everyone knows the problem: assimilation, intermarriage, lack of Jewish affiliation, diminished attendance at synagogues, Jews who know little about Judaism. The question is: What can we do about it? How can we change apathy to commitment, disinterest to pride, a sense of burden into a source of pleasure and contentment, a goal to strive towards rather than a set of beliefs to run away from. Everyone knows the problem and the question, but who knows the answer? Do

Statistics come from Jewish communities in the U.S., Canada and England confirming the immediate need to do something positive before our numbers decline even further. Recent research shows that even a Jewish day-school education alone, divorced from family belief and ritual observance, is not enough. The Continuity Committee of the Ottawa Vaad

Ha'lr, chaired by Donna Dolansky, is one of many community groups around the world which are trying to come up with solutions to this problem. Its goals are to educate, to connect and to facilitate: to educate people of all ages about the importance and relevance of Jewish learning; to

connect people who are working along similar paths; and to facilitate the efforts of any Jewish

paths, and to facilitate the efforts of any Jewish organizations which share these goals.

Last year, the committee produced a guide to Ottowa Jewish programming opportunities. The guide, which was distributed with the Bulletin, highlighted the wide range of Jewish educational and recreational activities already available in Ottawa for the youngest children to senior citi-Ottawa for the youngest children to senior citi-

In addition, the Centre for Jewish Continuity
"Hot Line" has been established. It is a central one-stop reference spot to find out what's going on, how to meet Jewish people, who is available to speak at a meeting, how to get a program started, or where to find a family which would like to host out-of-town students for a Shabbat dinner. For any information or to share any details about what you or your organization is Baila Steinberg (789-7306).

The Continuity Committee is constantly evolving and welcomes all new ideas and volunteers who would like to get involved in the in-reach and out-reach activities which are being planned. Call Donna Dolansky (722-1096) or Baila Steinberg (789-7306).

Machzikei Hadas Sisterhood honors Laura Greenberg

On Wednesday, May 29, 1996 Machzikei Hadas Sisterhood will pay tribute to a very special lady, Laura Greenberg. An active nember of the Sisterhood for many years, she as been a devoted and tireless worker on behalf of the shul.

The program begins at 6:30 pm, and will include dinner and some light entertainment. Tickets are \$36.00 per person, and can be reserved by calling the shul office (521 9700). Anyone attending is asked to bring a non-perishable food item for The Ottawa Food Bank.

Newcomers Tea to be held May 26

The Spring Tea of the Ladies Reception Committee for Newcomers to the Ottawa Jewish community will take place on Sunday, May 26, 1996 at 2:30 pm at the home of Roslyn Smelkin. If you are a newcomer, or if you know of any newcomer who would like to attend the tea, call Ruth Calof (523-1600).

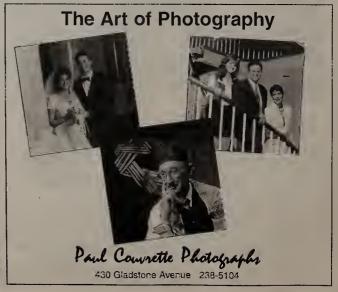
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JET offers a wide array of programs

By Cynthia Nyman Engel

"It's been a great growth year for JET," Director
Rabbi Zischa Shaps says happily. "More people know
about us, more people are becoming more involved and
interested in what we have to offer."

Shaps credits the growth of Jewish Education
Through Torah — JET — with the fact that Judaism provides the preprint and walve content of the prorides the preprint and walve content of the pro-

vides the meaning and value people are constantly searching for in their lives. "Judaism doesn't make changes to suit the times," the committed educator says. "We go with the basic beliefs

and eventually everybody comes back to the rock values Judaism started with.

Judaism started with.

"JET may provide the foundation through our classes but ultimately it is those who take the classes who are bringing other people in."

Participants in JET programs span the spectrum of backgrounds, from those who haven't bothered with Jewish education for 30 years; to those who want to keep up with their children and grandchildren; to yeang people with a need to learn more about who they are.

Shaps explains JET as 'an independent creation of my mind.' On moving to Ottawa six years ago, the native New Yorker, who had done outreach education with children, discovered a receptive audience among adults in the Canadian capital.

"As a Jew in New York you're one of many,

you're not needed as much. Living in Ottawa, teaching in Ottawa, you know that you can and do make a differ-ence," he says.

JET classes are held at Machzikei Hadas Synagogue,

JET classes are held at Machzikei Hadas Synagogue, the Broadview Campus, the JCC and in private homes. This spring, Beginners' Services at Machzikei Hadas will be held May 18 and June 15. The popular Wednesday evening lecture series held on the Broadview Campus, 8:00 pm - 9:00 pm will continue until June 5.

Shaps has a dream for the summer months, as well: a week-long JET yeshiva program finishing with a Shabbaton. The program would offer participants the opportunity to study in the same two-hour time slot every day. Rabbi Zischa Shaps is making significant inroads in helping Jews "understand Judaism the way it really is, not the way it is assumed to be because of ignorance." For information on JET programs call 521-4437.

For information on JET programs call 521-4437.

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By Mitchell Bellman **Director of Community Relations**

Community Relations

Jonathan Calof, chair of the Community Relations Commit-tee (CRC) has represented the community at various events. Jonathan spoke to Carleton students on the occasion of the Inter-Jonathan spoke to Carteton students on the occasion of the International Bay for the Bilimination of Racial Discrimination as well as participating on an ethno-cultural panel on national unity at Ottawa City Hall. In addition, he attended a media training seminar last month on behalf of the CRC to help non-governmental groups better communicate their messages to the media.

Jewish Christian Dialogue

Jewish Christian Dialogue

The National Capital Area Jewish Christian Dialogue Group will be holding its next monthly meeting at Congregation Agudath Israel on Tuesday, May 20, from 12:00 to 2:30 pm. At the meeting Rabbi Ben Hollander from Hebrew University and Hebrew Union College in Jerusalem will be the scholar in residence. He will be discussing the Book of Ruth and its lessons regarding Jewish-Christians. discussing the pook of viture and its lessons regarding Jewish-Christian dialogue. The meeting will be open to the public, if you are planning to attend, call Jean Sheppard (789-7306). Lunch will be served at a cost of \$7.

UJA Golf Tournament

The 3rd annual UJA Golf Tour-nament will be held on July 8 at the Rideau View Golf and Country Club. The tournament is a "hest Club. The tournament is a "nest ball" format and there are a limit-ed number of spaces available. The shotgun launch will be at 1:00 pm. Lunch and dinner are included in the cost as well as many door prizes. For more information, call Marc Fishman (789-7306).

Shalom Ottawa

Shalom Ottawa
The Ottawa Jewish community's caibe TV show, Shalom Ottawa will air next on Sunday May 26 at 3:00 pm and will be repeated on Monday May 27 at 6:00 pm on Rogers Community Cable channel 22. The show is hosted by Marion Silver and Ian Sadinsky and will feature the recent Israeli fashion show sponsored by Women's Division, State of Israel Bonds, an interview with Jonathan Cohen about his trip to Israel and a review of the Lowy exhibit at the National Archives. National Archives.

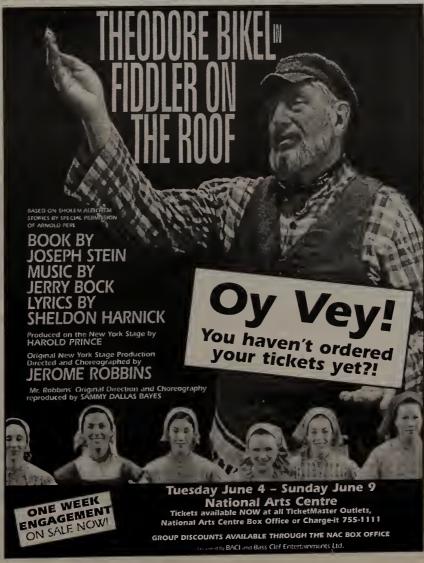
Vaad Staff

Jean Sheppard has recently started working at the Vaad Ha'lr in the position formerly held by Jean Myers who is currently working on the Community Capital Campaign.

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Packing Passover Baskets Pictured (from left to right): Lisa Miller, Joey Lyman, Naomi Levitz, Ben Greenberg and Caryn Hirshorn.

Passover Baskets provided for 150 families

By Lynne Cohen total of 150 immigrant A total of 150 immigrant and needy families received Passover Baskets this year, thanks to the dedication and hard work of 40 volunteers from five separate organiza-

The volunteers toiled non-stop from 6:00 am to 6:00 pm on March 31 to ensure that every family got its basket on

A ton and a half of potatoes, carrots and onions, 25 cases of fresh fruit, 450 dozen eggs and 12 cases of wine were among the items sorted that day in the JCC social hall.

JCC social hall.

B'nai Brith Parliament
Lodge #2159 and Ottawa
Lodge #885 extend a hearty
Yasher Koach to Tamir, BBYO,
Valerie and Elizabeth of JFS
and the many volunteers who
made the project a success.

B'nai Brith Canada, Parliament Lodge #2159 and Ottawa Lodge #885

wish to thank their corporate sponsors and donors who generously contributed food and money for Passover Baskets.

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39th Henry "Hank" Torontow Scouting Movement

Painting course for seniors at JCC

By Estelle Melzer

Spring is a time when many people look around for a fresh new activity in which to get involved. Ottawa seniors take notel New this spring at the JCC is a painting course designed just for the senior who thinks he or she is "not just for the senior who thinks he or she is not really creative." This six-week course runs Tuesdays at the JCC, starting May 7, from 10:00 a.m. to 11:30 p.m. (ending just in time for participants to sit down for a delicious home-cooked meal at the Drop-In Diner).

The course will be taught by Roslyn Postner, an experienced seniors group leader and art instructor. She has lead creative art programs at the Centretown Community Health Centre and various retirement homes and has written a manuscript entitled Creative Art Activities for Older Adults.

Older Adults.

Postner's programs are great fun. Instruction takes place in a relaxed atmosphere with background music and a supportive group ambience. Participants will learn how to use the painting supplies, colour mixing, and the basics of painting. More importantly they will learn how to overcome their inhibitions, observe the beauty all around them, and feel comfortable about expressing themselves. They will also work on a group picture.

group picture.

For more information about Painting for Seniors, call Andrea at the JCC (789-1818).

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TAMIR FOUNDATION'S FAMILY SUPPORT GROUP

Upcoming session

TOPIC: The JCC and Special Needs

Thinking about participation in Jewish Community Centre programs for someone with special needs in your family? Here is an opportunity to make it

We invite the community to help us identify programs of interest for individ-uals of all ages with developmental, physical and other disabilities, and to explore what supports they may need to better integrate them into the JCC.

SESSION LEADER:

Ann Lynn Lipton

Executive Director

Jewish Community Centre of Ottawa

WHEN:

Thursday, May 23, 1996

8:00 pm

WHERE:

The home of Sharon and Paul Finn

25 Dickson Drive, Nepean

FOR MORE INFORMATION: Call Sharon Finn at 820-4004

or Mark Palmer at 725-3519



JEWISH NATIONAL FUND More than trees 789-9047

Meet Gladys Greenberg, JNF board member

Tzedakah was a way of life in Gladys Creenberg's childhood home. Her parents, Sonia and Arthur Viner, taught their chil-dren the joy of giving, and JNF was high on the list of the numerous organizations to

which they contributed.

"Coins went plunking into the JNF Blue
Box before every Shabbat," Gladys remembers. "And money also went in whenever something good — or even something bad — happened.

"When John and I had a family of our own we continued the

"When John and I had a family of our own we continued the tradition. I'm delighted to say that today our children are earrying on the tradition of tzedakah with their children."

Gladys association with JNF is of such long-standing that she can barely remember when it began. In recognition of their unwavering commitment to JNF and a host of worthy Jewish causes, Gladys and her husband, John, who currently serves as a vice-president of Ottawa JNF, were hencees of the 1937 Negev Dinner.

Their dozen visits to Israel evidence the Greenber Their dozen visits to israel evidence the Greenbergs' strong feelings for the Jewish State. On their last trip, Gladys and John made a point of setting aside two days to visit not only the project bearing their names, but also those projects created through the generosity of feliow Ottawans.

"JNF is wonderful, they do a tremendous amount of work in Israel," Gladys says. "What they accomplish is truly phenomenal. I have been proud indeed to lend my name, my time and my support to this vibrant organization."

A Bar Mitzvah Mazal Tov!

Thirteen-yeer old Matthew Corber did himself and his family proud at his resent Bar Mitzvah. To add yet another meaningful dimension to this significent milestone in their young son's life, Matthew's parents have inscribed his name in the JNF Sefer Bar/Bat Mitzvah maintained and displayed in the library of Keren Keyemeth l'Israel, Jerusalem.

Action Plan: Negev

Redressing Settlements

Some settlements in the northern Negev have been scriously saffected by the crisis in agriculture. Since farming solutions do not appear to be a realistic option for them, it is urgent that other ways be found to redress their financial and social difficulties. A ready solution would appear to lie in the use of lands in the northern Negev to meet the growing public demand for spacious housing with a high quality of life adjacent to sought-after regions. The potential for such use exists within the jurisdiction of the regional councils of Be'er Tuvia, Lachish, Shaar HaNegev, the Ashkelen Coast and Shaffir. Such a program would positively affect the development of the Negev, including that of Beersheba as a metropolis, thereby creating a major urban centre in the south in keeping with national planning goals.

Existing settlements would undergo intensive development, including the possibility of linking them to one another and establishing new ones. Tris will achieve two goals: on the local level, it will help communities in financial and social difficulties; on the national level, it will promote population dispersal Some settlements in the northern Negev have been serious

level, It will nell containful the strength of the hatford level, it will promote population dispersal and the development of the Negev.

On a daily basis you can plant trees for all occasions. An attractive card is sent to the recipient. To order, call the JNF office (789-9047).

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Beth Hatefutsoth presents "An Odyssey through Jewish Music"

The Canadian Friends of Beth Hatefutsoth, Ottawa Section, will present a special musical program, "An Odyssey through Jewish Music", featuring Fay Kellerstein on Wednasday, May 25, 1996, at 7:30 pm in the auditorium of The Nation-al Library of Canada, 395 Wellington

Kellerstein's program in words and song takes her audience through centuries of Jewish music. Her jour-ney begins with biblical chants and continues with a selection of music fr

ney begins with biblical chants and continues with a selection of music from various parts of the Diaspora, such as the first known example of notated Hebrew music from 11th century Italy, the origin of the "Kol Nidre" melody and "Pittim" (poems) written in 11th century Spain. To bring us closer to the modern era, Kellerstein will demonstrate how the music in the klezner tradition has influenced Brandwen. the klezmer tradition has influenced Broadway



Fave Kellerstein

war Germany to Holocaust sur-vivors, Fay Kellerstein makes her home in Toronto where she has been a teacher and performer. Her new CD, "A Faygele Zingt", was recently featured on CBC radio, where it was highly praised by Clyde Gilmour.

This program is being presented as the 1996 annual members' evening for the enjoyment of the members of Canadian Friends of Beth Hatefutsoth, who will receive complimentary invitations. Those wishing to become mem-

tary invitations. Those wishing to become members may request a brochure and application form by calling either of the co-chairs Fran Pearl (726-9330) or Teena Hendelman (home: 235-9414 or work: 239-5921). Memberships may also be obtained at the door. For non-members who wish to attend, the admission charge is \$12.00 per person, payable at the door.

"Promising New Treatments for Multiple Sclerosis" to be presented by Weizmann Chapter

The Ottawa Chapter of the Canadian Society for the Weiz-mann Institute of Science will hadd its first program of 1996 on Wednesday, May 22, at 7:30 pm in the Social Room of The Sussex, 40 Boteler Street.

All members and prospective members are invited to hear Dr. Mark S. Freedman, Associate Professor of Medicine (Neurology) at the Cttawa General Hos-pital, speak on "Promising New Treatments for Multiple ScleroSince 1976, Freedman has spent most of his professional career in the field of neurology and has become a renowned Multiple Sclerosis expert.

There is no admission charge for members of the Ottawa Chapter and \$5.00 for non-members. Memberships, which are tax deductible, will be available at the door. RSVP to the Chapter office (236-3391). Reservations are essen-tial if you require handicap



Dr. Mark S. Freedman



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JEWISH FAMILY **SERVICES**

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An enjoyable Sunday afternoon

By Valerie Terkel
On Sunday, April 14, Jewish Family Services organized another "get-togsther" for the Senior Immigrants Group. This group meets every 6-6 weeks on a Sunday afternoon at the Agudath Israel Synagogue. Bev Grostern and Valerie Terkei planned the program and the "catering" for light refreshments.

refreshments.

Barbara Burns, one of our guest speakers, spoke on "Preventing Atuse Against the Elderly". Lena Sverdlova did the translation into Russian; she attends all these Sunday afternoons as a volunteer translator and our "MC".

Our second speaker was Abigail Rabinowitz who is planning an English as a Second Language (ESL) course for this group. The course will be given by Shirley Schildkraut and Abigail Rabinowitz FREE OF CHARGE!

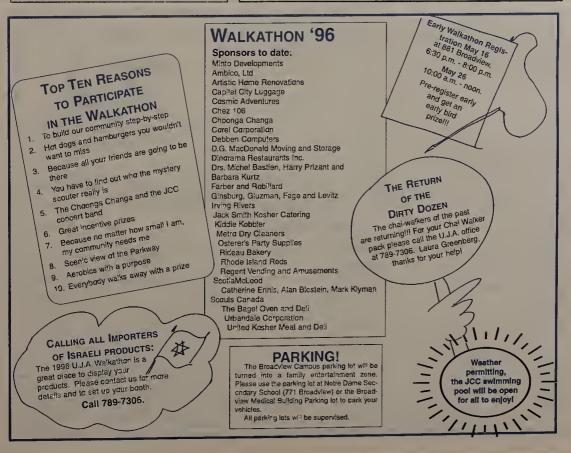
The program ended with wonderful music by our regular volunteer-who else, but Isaac Muzikansky! See you all on May 30 at 7.00 pm, 881 Broadview.

Those wonderful baskets

By Vaierie Terke!

The board and staff of Jewish Family Services wish to thank B'nai Brith Parliament and Ottewa Lodges for once again organizing the annual Passover Basket project. Our appreciation is also extended to those who made donations: Emanuel Lightstone, Peter and Magda Bencdek, Edward Borts, Anita Dubinsky, Sherwin Lyman, Theima Steinman, Melville M. Goldberg, Jacqueiine Sitwell, Isaac and Kilda Ginsburg, G. and J. Rumstein, Sheldon and Sonia Shaffer, Adath Shalom Congregation, Howie Osterer. We apologize if any names were overlooked.





SPECIAL

Kiddush Levanah observes monthly renewal of the moon

By Danny Narwa
A citizen of Chelm once asked his rabbi: "Which is more important, the sun

rabbi: "Which is more important, the sun or the moon?"
"What a silly question!" snapped the sage. "The moon of course! If it didn't shine at night, it would be so dark we couldn't see a thing. On the other hand,

who needs the sun to shine by day when it is already broad daylight?"
Kiddush Levanah (Sanctification of the moon), also known as Birkath Levanah (Blessing of the moon), is a ceremony discussed in the Talmud (Sanhedrin 42a). This monthly prayer, said under the open sky, opens with a blessing praising the Creator of the heavenly bodies who decreed the monthly renewal of the

It is obligatory to recite Kiddush Lev-anah each month. The first time it can be said is after three days have elapsed since the new moon (Rosh Chodesh), but it can be said up to 14 full days, 18 hours and 22 minutes from the new moon.

and 22 minutes from the new moon.

Since Kiddush Levanah should be said joyously, there are certain situations where its saying is postponed. It is not said during the first nine days in the month of Av, but rather is said at the end of the fast of Tisha B'Av. Some also do not say it during the Ten Days of Repentance but wait until after Yom Kippur. Kiddush Levanah should not be said

a Friday night, or on a festival night, less it is the last night to say it.

It is preferable to recite Kiddush Levanah on Saturday night, when one is in a good mood from Shabbat and dressed in nice garments. If one is unable to say it at this time due to the moon not being visible, it can be said later in the week, provided that this postponement will

the week, provided that this postponement will not push it past the deadline.

If the moon is covered by a cloud, Kiddush Levanah should not be said unless the cloud is thin and broken up. If, however, the cloud covers the moon during the blessing, it should be concluded. To avoid this problem, one should avoid gazing at the moon after begining the blessing. If one knows beforehand that the blessing cannot be concluded before the moon will become obscured, one should not begin it.

will become obscured, one should not begin it.

If one is unable for whatever reason to say
Kiddush Levanah outside, it is permissible to say it in the house from a window or door where the moon is visible. It is preferable to say Kiddush Levanah with

a minyan. If this is not possible, one should try to say it with at least three other people in order to exchange the Shalom Aleichem greeting, but if this too is not possible, it can be said alone.



Kiddush Levanah can only be said at night when the moon is shining and one can benefit from its light. If the moon becomes visible at the beginning of the night, before the Maariv ser-vice, and there remain several nights in which to say Kiddush Levanah, Maariv is recited first followed by Kiddush Levanah. If, or the other hand, there remains only two or three nights in which to recite Kiddush Levanah, it is recited before Maariv for fear that the moon may be obscured by clouds for the remaining period in which to sanctify the moon. This is especially applicable in the rainy season or

The Talmud tells us that one who blesses the new moon in its proper time is regarded like one who greets the Shechinah (G-d's Presence). one who greets the Shechinah (G-d's Fresence). For the only way one can recognize the existence of G-d is through His works. Therefore, when one greets the moon, one greets its Maker. In addition, the moon appearing periodically in several phases is symbolic of the Jewish people whose history consists of varied phases. Like the moon, the Jews regularly reapters after heing temporarily sellings. pear after being temporarily eclips

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Sara Breiner and Zehava Farber



Rose Schildkraut and Hymie Schildkraut



Haskel Robern with sons Michael, David and grandson



Eli Yerushalmi and Lawrence Greenberg

Yom HaShoah 1996

"Unto Every Person There is a Name" was the theme of this year's annual Yom HaShoah Commemora-

annual Yom Hashoah Commemoration.

Close to 600 filled the auditorium at 151 Chapel on Tuesday, April 16. Each person entering received a card with a name, date, age and city of an individual who perished in the Holocaust and was asked to light a candle in that person's memory. Of the 6,000,000 Jews who perished, 1,500,000 were children.

The event was sombre and dignified. The program began with the traditional Colour Party led by the Jewish War Veterans. Six candles, each representing one million who perished, were lit by Holocaust survivors and second and third generations. Representing the State of Israel and the Ottawa Jewish community respectively, Eli Yerushalmi, charge

d'affaires, Embassy of Israel, and Lawrence Greenberg, president, Ottawa Vaad Ha'Ir lit the final can-Lawrence Greenberg, president, Ottawa Vaad Ha'lr lit the final candle. The legacy was read by Lea Kalin and David Shentow, the acceptance by Shirley Schildkraut and the rabbinical address was delivered by Rabbi Steven Garten. The Educator's Award was given to Murray Letts of St. Patrick's High School for his outstanding efforts and achievements in Holocaust Education.

The community was silent, filled with emotion, as 22 children, the "Voices of our Legacy", under the direction of Cantor Daniel Benlolo and Shirley Schildkraut, performed such songs as Ani-Mamin and Unter der Geler Lata.

This annual commemoration was organized by the Ottawa Shoah (Holocaust) Remembrance Committee under the leadership of Hana Cammy.



Don't forget the UJA Walkathon Sunday, June 2, 10:00 am **Broadview Campus** Everybody will be there!



REPORT FROM ISRAEL

Thoughts and feelings

In a departure from her regular columns on Israel, this edition features Tammy Stone's poetry.

By Tammy Stone

Religion

In Jerusalem I lost That resonant voice Telling me what I came to seek Propelling me to the one remaining wall
To stare and touch And be filled with the dove's stare As I awakened to knowing That some part of me was Religion.

In Jerusalem I found A new religion Sidelocked men fingers pointed In fervent shouting Women in long skirts Pushing baby carriages through The grime on the market ground Between the pomegranates and Chick peas and

the vendors

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Lust in their eyes The distant wail of Muslim Prayer not seen but heard from My one window overlooking Clusters of shimmering lights

and homes under sunsets over Divine ground Like ants hovering over one New York City The homes decorated in Jerusalem stone

That would be my way

Go inside a leaf. that would be my way. See the mustard yellow of something dying look through the sand-covered skin to the protruding veins that are turning brown, as the leaf waits to turn crisp enough to fall apart in someone's muscular, closing hands. Reach for the hardened stem of the little leaf and spin it around, a wrinkled leaf together still

that would be my way.
The oval leaf, almost shaped
like a heart but less passionate, because of the brown, the edges it still, though, radiates enough to turn people's heads to its brightness. It has lost its mother tree it sits where nature has not carried it but it has not died yet and that too,

would be my way.

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Art Works/ Rose Ann Hoffenberg

BETTY GOODWIN Tarpaulin No. 3, 1975 National Gallery of Canada



If you think this looks like something that fell off a truck, you wouldn't be far from the truth. Twenty-five years ago transport trucks were covered with canvas. Petty Goodwin observed these heavy, dirty coverings being repaired in huge factories and, as was her usual way, took photographs to have for future reference.

using terminal to the property of the property folding, adding strings, rope, tape paint and even sewing on it with her machine as if she were painting a

landscape.

Godwin explains why her works come in series:
"They begin to resemble springs, in the sense that the
first works in-the cycle will force energy into the very
last." Also one series will often find its way into the next
theme. For example, in the late 60s she was working
with the printed image of a vest as both a literal object
and a metaphor for the human skin. It was not a large
step from using human clothing to the cover for objects,
both are marked by time.

both are marked by time.

In fact, the most consistent thread seen connect Goodwin's works is the human body. The Swimm Goodwin's works is the human body. The Swimmer series depicts figures floating on the surface and creates tension as the viewer ponders whether the figure is moving on top of the water or being pulled down through it. The Swimmer is indicative of the artist's love of drawing, of erasing, of leaving traces of the changes. It is also typical of the insistent ambiguity of her works which allows many levels of appreciation.

The National Gallery is currently exhibiting her most recent works including the Memories of the Body

and Nerve series. Before entering the exhibition space you can view a 14-minute video of an interview with the artist. She informs the listener of her obsession with the news media and how she copes with stories of polit-ical repression and senseless inhumanity by working in her studio. She realises that she is not going to change these atrocities but a personal exorcism is necessary to

he is drawn to like-minded writers such as Franz She is drawn to like-minded writers such as Franz Kafka, Elie Wiesel, the French playwright and theorist, Antonin Artaud, and recently Carolyn Forche. Forche's saying "How long does it take for any one voice to reach another?" was the beginning of a series of works using the image of a Megaphone to announce our inability to communicate with each other.

Her latest works get right inside the body using bones as part of a collage with drawings and found objects. The influences on the artist can be as personal as a friend dying of AIDS. A specific incident will frequently spark an idea but rarely does she actually depict the event. The Memorial to the Holocaust is an exception. The spectator is constantly aware of the presence and absence of life. The issues and feeling raised in Goodwin's work are never easy. Death, disease, decay, AIDS, alienation, anguish, human frailties are just some of the many questions she explores. Betty Goodwin was born in Montreal in1923, where

Betty Goodwin was born in Montreal in 1923, where she began her career as a conventional artist using figures, still lifes and landscapes as her subject matter. Then in 1969 she began to challenge that tradition, which has made her the important Canadian artist she is today. She has received many awards, including the Prix Paul-Emile Borduas in 1986 and The Gershon Iskowitz (Ottawa Jewish Bulletin, May 22, 1995) Prize in 1995.

The present exhibition runs until May 12.



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Sparking an interest in Jewish role models



Great Jewish Women

By Elinor and Robert Slater Jonathan David Publishers, Inc. 1994

353 pages Ages 12 and up.

There are always reasons to set aside self-imposed rules at least temporarily. One of my rules has been not to review books I can't recommend wholeheartedly. My normal practice is to write a note reminding myself why I decided a book is "not for review" and

move on.

But when I tried doing that with Great Jewish
Women the book gave me no rest. A niggling voice at
the back of my mind persisted in suggesting that I
overlook its flaws because of its uniqueness.

No other book provides Jewish girls with such an
exceptional range of role models. And heaven knows,
even in this enlightened feminist age Jewish girls
need access to information about Jewish women who ove for excellence in wide ranging fields of endeav-That's why the niggling voice finally prevailed.

of Thats why the higging votes many prevaled.

Great Jewish Women is a reference book containing
100 brief biographical profiles and 41 briefer "thumbnail sketches" of high performance Jewish women
from biblical times to the present.

The women selected for the book are an interesting
blend of familiar and unfamiliar names: Esther, Golda

Meir, Ann Landers, Ruth Prawer Jhabvala, for exam-ple, compared to Glueckel of Hamelin, Sarah Schenir-er, Chana Orloff and Annie Leibovitz.

er, Chana Orion and Annie Lebovitz.

The women excelled in such varied activities as biblical and/or academic scholarship, business, writing, photography, fine arts, law, politics, scientific research, medicine, songwriting, performing arts, sports, philanthropy and much more. Several began Jewish educational programs and many more were well ahead of their time in advocating for social

Their places of birth and work range from many

parts of Europe, South Africa, Canaan/Pale-stine/Israel and, often through immigration, the Unit-ed States. Unhappily, not one Canadian woman is included even though names like Lillian Freiman, Miriam Waddington, Adele Wiseman, Erna Paris, Bar-bara Frum and a host of others instantly come to

mind.

Each profile has the same layout: a descriptive tag line, a brief summary defining the time, place and field in which the woman achieved recegnition, three pages of more detailed – though often carelessly organized and written – information, and usually a picture. By contrast, the "thumbnail sketches" are predominantly one extended paragraph with an occasional nature. al picture

al picture.

Although it is possible to question the relative merit of some of the women included in the book – for example, Adah Isaacs Menken, "the first American actress to wear flesh-colored tights" – or whether they should have been in the profile vs. thumbnail section,

that's not what troubles me.

Rather, the book's major problems are a combination of sloppy writing, negligent organization and poor editing. To me these faults translate into far too little respect for the reader.

respect for the reader.

For example, while alphabetization is an easy and common way to organize a reference book, in this case it is not user-friendly. Readers interested in a specific field, say song writing, or a specific time period, say the 1900s, are forced to search page by page. Organizing the biographies by field and date, or at the very least indexing them in this manner, would have been much more useful. much more useful

That organization would have enabled someone interested in science to turn directly to the section on science or to indexed references to science and imme-diately discover such remarkable women as Gertrude B. Elion, Rosalind E. Franklin, Rita Levi-Montaleini, Lise Meitner, Judith Resnick, Miriam Rothchild, Lina Stern and Rosalyn S. Yalow.

A second disedvantage to alphabetical order for this book is that readers who don't know what they are looking for or who want to read every profile are bounced from one time period to another. Few teens have a sufficient sense of history to comprehend such disparate time frames let alone pick up on the impli-



Belle Moskowitz, adviser to New York Governor Alfred E. Smith (Photo: Courtesy Great Jewish W

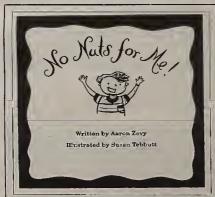
cations of their contextual references

As to the Jewish dimension of these women, the authors state in their forward that when being Jewish is relevant to a woman's achievements it is mentioned

is relevant to a women's achievements it is mentioned.
Unfortunately I found them inconsistent even in
this unless the relevance was overwhelming as in the
case of Henrietta Szold, Gertrude Berg and Ids
Kaminska, for example. Telling me that someone is a
rabhi's daughter or that someone goes to synagogue on

Yom Kippur really doesn't cut it.

In sum, lots of flaws in a book that fills a major niche. Nevertheless it bas the potential to soark an interest and offer encouragement to Jewish girls motivated to strive for excellence. That, too, has merit.



No Nuts For Me is an engaging story told from the perspective of a very active little boy who doesn't let his nut allergy get in the way of having fun. This book was created out of author Aaron Zevy's desire to find a book to help his three-year-old niece cope with her nut allergy. Upon discovering that such a book did not exist, he decided to write one himself.

No Nuts For Me (Tumbleweed Press) is geared towards three to seven-year-olds to help them understand safety concerns about nut allergers.

cerns about nut allergies

Corporate sponsors, Kraft, Skippy & Squirrel Peanut But-ter, Hershey and General Mills, have lent their support to this children's book promoting safety and education about this serious allergy. Together with Scholar's Choice, a large Canadian school book distributor, they are joining forces to distribute 30,000 copies free of charge to public and private elementary schools across Canada.

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- Cranberry Pear Pie 4 medium pears (Bosc, Bartlett, Anjou)
- 1/4 cup flour
 1 thep finely grated orange peel
 1 tsp ground cinnamon

I then finely grated orange peel
I tap ground cinnamon
C cups cranberries
I then or so cold butter or margarine
Pastry for double crust pie
Glazed nut topping (recipe follows)
Sweetened whilpped cream or ice cream (optional)
Peel, core and slice pears. In a mixing bowl, combine sugar, orange peel and cinnamon. Add pears and cranberries and mix well to combine. Set aside, For pie shell, prepare pastry. Roll out slightly more than half the pastry and line a 9" pie plate with it. Fill the pastry with the pear mixture. Det filling with butter or margarine. Trim bettom pastry half inch larger than pan. Roll out remaining pastry and cut into 1/2" wide strips. Weave on top of filling to make a lattice. Press ends of strips into rim of bettom crust. Feld bottom edge of pastry over the top edge and crimp the edges to seal. Cover edge of pie with foil. Bake in preheated 376" oven for 25 minutes. Remove foil and bake 25-30 minutes more until crust is golden and filling is bubbling. Spoon topping over warm pie. Cool on wire rack

before serving. Serve with whipped cream or vanilla ice cream if desired. Serves 8.

Clazed Nut Topping

2 tbsp lemon juice
4 cups thinly sliced peeled apples, about 1 1/2 pounds
Pastry for double crust pie

- Glazed Nut Topping 1/2 cup chopped walnuts 2 tbsp margarine or butter
- Giazea Nut Topping
 1/2 cup chopped walnuts 3 thsp brown sugar
 2 thsp margarine or butter 1 thsp milk
 In a small saucepan combine the walnuts and butter
 or margarine. Cook and stir over medium heat until
 nuts are lightly browned. Stir in the brown sugar. Heat and stir until sugar is dissolved. Stir in the milk

Rhubarb Raspberry Pie

- 6 tbsp flour 4 cups fresh rhubarb or frozen *
- 1 cup raspberries 1 medium cooking apple, peeled and shredded Pastry for double crust pie

Pastry for double crust pie
In a large mixing bowl, stir together the sugar and
flour. Stir in the rhubarb, raspherries and grated
apple. Pour into a pastry lined 3° pie plate. Cover with
pastry and cut slits into the top of the pastry to vent
the steam. Seal and flut the edges together. Cover
edges with foil and bake in preheated 375° oven for 25
minutes. Remove foil. Bake 20-25 minutes
inger or until top is golden and fruit is tender and bubbling. Cool on wire rack. Serves
8. (*If using frozen rhubarb, use 1/2 cup of
flour instead of 6 tbsp. Toss the chopped
rhubarb with the sugar and flour and let
the mixture stand for 30 minutes until stili
icy but partially defrosted. Stir well. Gently
fold in the raspberries and spple. Continue
as above except bake for 50 minutes.)
Remove foil from edges and bake 10-20 minutes longer until top is golden.

Apple Fig Pie

Apple Fig Pie

- 1/2 cup sugar
- 12 cup sugar

 1 tsp apple pie spice (recipe follows)
 6 oz dried figs, stemmed and finely chopped
 (1 cup needed)
 1 cup cold water

- 2 tbsp honey 1 tsp finely grated lemon peel

1 tbsp water
In a saucepan, stir together the sugar, cornstarch and spice. Stir in figs, the 1 cup water, honey, lemon peel and juice. Cook and stir until thickened and bubly. Eemove from heat and gently stir in apples. Line a 9" pie plate with half the pastry. Pour filling into the crust, spreading evenly. Trim pastry to the edge of pie plate. Preheat oven to 375°. Roll out remaining dough and cut out shapes from it to vent, or make slits. Place on top, seal and flute edges. Place cut out shapes on dough if desired. Beat the egg with 1 tbsp water and brush over top. Cover edges with föil. Bake för 25 minutes. Remove föil and bake 25 minutes more or until golden brown. Cool on wire rack and serve with whipped cream or ice cream if desired.

Apple Pie Spice

Apple Pie Spice

- 1 tsp ground allspice 1/4 tsp ground cloves
- 1 tsp ground cinnamon 1 ts 1 1/2 tsp ground nutmeg 1/4 Mix together and use as needed.

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On Sunday, June 9 from 2 to 4 pm, the Lodge's annual spring tea will take place. This is one of our most significant fundraisers and the residents look forward to seeing friends and family. The Auxiliary continues to have the tea at the Lodge to make the residents feel

comfortable and important in their surroundings Please join us for a delightful afternoon with wonderful refreshments, including baking by the residents and an ice cream bar.





Barbara Greenberg and Debbie Ferkin tbis year's tea convenors and daughters of Lodge resident Fritzi Greenberg.



Barbara Greenberg, Lillian Zunder and Rhoda Zinman.



Laura Greenberg and Thelma Steinman

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Millie and Percy Weinstein.

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Best wishes to Ruft and Joe Viner on their 45th wedding anniversary by Millie and Percy Weinstein.

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shesh wisnes to Rochelle Greenberg for a rituen shemah by Sid and Badara Cohen. Best wishes to Deborah and Harry Beck on the birth of the daughter by Sid and Berbara Cohen. Best wishes to Rose and Chick Tayfor on the birth of their grandson by Sid and Barbara Cohen.

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Best wishes to Danie Abramson on live brithday by Goldie Abramson.

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Wishing Doug Bailey well by Hy Hymes and Rhea Hymes Hochsledler.

Best wishber to largel of Length for a Cityah Billemah by

Best wishes to Harold Lecker for a rifush shileman by

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Best wishes to Goldie Abramson on her special birthday by Kayla and Alfvin Mallay and family; and by Dorothy and Herb Nadolny.

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ment of their son Sirnon to Alisa Williams and on Simon's graduation by Isabel and Norman Lesh.

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KHAN IZBERG KHANF FAMILY FUNDATION BEST WINNER SAME, DEST WINNER SAME, JOSHUA and JUSTIN KYANE. BEST WINNER SAME, JOSHUA AND JUSTIN KYANE. BEST WINNER SO COUSIN HENRY GOODMAN FOR A "FUEN SIT IMPART BY WINNER SAME, JOSHUA AND JUSTIN KYANE. BEST WINNER SAME, JOSHUA AND JUSTIN KYANE. THURK STEPPING SAME, JOSHUA AND JUSTIN KYANE.

FRANK AND SADIE LABOVITCH FUND

JACOB AND ROSE LANDAU MEMORIAL FUND In memory of Jack Shuhan by Edie and Issie Landau, In memory of Al Mains by Edie and Issie Landau; and Sylvia, riving and Franceen Shier. In observance of the Yarzheit of a dear mother and bub-ble Ethel Coldberg by Edie and Issie Landau and lamily.

SANDRA AND JACIE LEVINSON FUND In memory of Mark and Judy Bercovitz's mother and mother-in-law by Sandra and Jecle Levinson.

HARRY AND FRIEDA LEVITAN FUND

in memory of Harry Ellenberg by Ruth and Ron Levitan. JOSEPH AND EVELYN LIEFF FUND

Best wishes to Evelyn Lieff on her special birthday by Marj and Ben Achber.

Best wishes to Ben Matchon for a speedy recovery by Evelyn and Joseph Lieff.

JACK AND HONEY MONSON FUND Best wishes to Evelyn and Norman Polechin on their 50th wedding anniversery by Fran and John Spinks.

JEAN AND MAX NAEMARK FAMILY FUND Best wishes to Jean and Max Naemark on their wed-anniversary by Jerry and Calhie Torontow.

PINKAS AND YEHUDIT NEWMAN MEMORIAL FUND Best wishes to William Newman on his special birthdi

JOSEPH PETIGORSKY MEMORIAL FUND

In memory of Tom Sachs by Mina and Sam Pedgorsky, In observance of the Yarzhelt of a dear brother Joseph Pedgorsky by Mina and Sam Pedgorsky. JACK AND MIRIAM PLEET FUND Ashes to Zeev Vered on his special

al birthday by

"The Norman Potachins".

Best wishes to Mr. and Mrs. Y. Birkhan on their wordding anniversary by aunt Evelyn and uncle Norman Potachin. ISADORE AND ROSSIE ROSE FUND appreciation to Issie and Rossie Rose by Gert and

HAPRY AND FRANCES SAXE FUND

In observance of the Yarzhell of a beloved father and grandfather Harry Saxe by David, Brenda, Ali, Gary and Rob Saxe. DR. NATHAN AND TESSE SCHECTER FUND in observance of the Yarzheit of a dear brother Joseph

Continued on page 19



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DONATIONS

Schecter by Syd and Shirley Schecter; and by Ann Schecter.

in observance of the Yarzhelt of a dear brother-in-law Fritz Cahn by Syd and Shidey Schecter.

HAROLD SHAFFER MEMORIAL FUND In memory of Miurray Goldblatt by Frances Shaffer

ISRAEL AND REBECOL SHORE
MEMDRIAL FUND
In memory of Bertha Komgold by Leonard Shore and
Jane Mitsky

SAMUEL AND KATHERINE SIGLER

MEMORIAL FUND
Congratulations to Kevin and Sharla Leon on the birth
of their son Justin Owen by Jules and Barbara Sigler.

STELLA AND LDUIS SLACK MEMORIAL FUND Best wishes to Ricki Baker on her special brinday by layra, Lester, Jennifer, Donna, Gregory and Jordan Aron-son.

Best wishes to Sandy and Marvin Granatstein in their new home by Myra, Lester, Jennifer, Donna, Gregory and Jordan Aronson.

SLIPACOFF FAMILY ENDOWMENT FUND
Best wishes to Jerry Slipacoff for a r'fush sh'lemah by
Bernice, Bobby, Seth, Kris and Ellfolf Feller; and by Gert and
Hank Feller.

KALMAN AND SYLVIA SMITH FUND emory of Joseph Bergstein by Sylvia Smith, and In memory of Jose bara and Sid Coher

Best wishes to Jerry Slipacolf for a r'fuah sh'lemah by Barbara and Sid Cohen,

RUTH AND HYMAN SOLD WAY FAMILY FUND In memory of Sadie Wiseman by Bess and Casey Swedlove; by Tami and Robert Berezin; by Leonard Shore and Jane Mirsky, and by Mr. and Mrs. Laz Mirsky.

SAMUEL AND ANNE TALLER FUND
In memory of Jack Bergstein by Arna Taller
Congratitations to my grandson Zack Simbrow on his
Bar Mitzvah by bubble Anne Taller
kazzal Tov to Arne Taller on the Bar Mitzvah of her
grandson Zack Simbrow by Sally and Morton Taller,
Mazal Tov to Mr. and Mrs. Marvin Simbrow on the Bar
Mitzvah of their grandson Zack Simbrow by Sally and Morton Taller.

CHARLES AND RDSE TAYLDR FUND
Best wishes to Rose and Charles Taylor on the birth of their grandson by Shirley and Shier Berman.

ETHEL AND IRVING TAYLOR FUND wishes to Sonia Viner on the birth of

inddaughter by Ethel and Irving Taytor. Best wishes to Etaine and Wally Viner on the birth of ir granddaughter by Ethel and Irving Taytor.

RUTH AND JOE VINER FUND Best wishes to Ruth and Joe Viner on their 45th wed-ding anniversary by Dorothy and Herb Nadolny

ong anniversary by blocity and Herb Nadeliny

SDNIA AND ARTHUR VINER FUND

Best wishes to Baine Viner on her birthday by Gladys
and John Greenberg and Sonia Viner.

Mazal Tov Io Sonia Viner on the birth of her greatgranddaughter Vehudit Aviva (Alexis Paige) Rosen by

Gladys and John Greenberg.

Mazal Tov Mr. and Mrs. Walter Viner and family on
the birth of their granddaughter and riece Yehudit Aviva

(Alexis Paige) Rosen by Gladys and John Greenberg and
Sonia Viner.

WASERMAN FAMILY MEMDRIAL FUND

MIRIAM AND LOUIS WEINER FUND Best wishes to our dad Louis Weiner on his 75th birth day by Eric and Arlene, Carol and Larry and Jeft.

HYMIE WHITZMAN MEKORIAL FUND
Best wistes to Lenke Grossman for a fixah shilemah
by Judio, Fred, David and Dean Ross
Best wishss to isse Landau for a flush shilemah by
Judio, Fred, David and Dean Ross.

Mazal Toy to Phyllis and Bill Leith on the engagement of their son Jordan by Judie, Fred, David and Dean Ross. Best wishes to Dr. and Mrs. Ralph Loebenberg on their son-in-law's graduation by Judie, Fred, David and Dean

NOSs.
In memory of Phil Stubina's sister and aunt by Jüde,
Fred, David and Dean Ross.
Mazal Tov to Modey Goldfield on the engagement of his
son Gary to Alison Saxe by Judie, Fred, David and Dean
Ross.

SAM AND HELENE ZARET FUND
Mazal Toy to Sarah and Lou Satov on the birth of their
andsaughter by Markyn and William Newman
Best wishes to Libby Glube on her special birthday by
lene Zaret

NATHAN, DAVID AND MAX ZELIKDVITZ
FAMILIES FUND
Best wishes to Anne Yanover for continued good health

Best wishes to Anne Yanover for continued good health by Martene Burack.

Best wishes to Mary Goldberg on her special brighday by Markene Burack.

Best wishes to berry Stipacoff for a ritual shileman by Markene Burack; and by Jess and and Wendy Zelkovitz.

Mazal Tot O Laura Greenberg on the birth of her grand son Max by Markene Burack.

Best wishes to Markene Burack on her special birthday by Margo, David, Aaron and Gail Kardish.

Contributions may be made by phoning Kayla Mallay at 789-9730 anytime. We have voice mail. Attractive cards are sent to convey the appropriate sentiments. All donations are acknowledged with an official receipt for income tax purposes. We accept VISA and MasterCard.

Wealth-replacement life insurance

In our last issue of the Bulletin we met Harry and Miriam, who were interested in a gift plan through the Ottawa Jewish Community Foundation (OJCF) for the benefit of the tion (OJCF) for the benefit of the Ottawa Jewish community, Harry and Miriam want to explore other possibilities for their gift of \$100,000. They would like half their gift of cash to be endowed in perpetuity and the other half to go to the recently launched Capital Campaign. However, they are concerned about how their donation will affect their two children's inheritance (Beth and Steven).

Harry and Miriam can purchase a \$105,000 life insurance policy naming their heirs as beneficiaries The face value of the policy is equal to the amount of capital contributed to the OJCF and the Capital Campaign, thereby replacing the asset removed

from their estate. Their only cost is the loss of the income the asset may otherwise generate.

Benefits to the donors

The donors receive an immediate tax receipt for their entire dona-

(ii) Their gift does not affect Beth

(ii) Their gift does not affect Beth and Steven's inheritance;
(iii) The donor's gift satisfies their two charitable needs. Half their gift is endowed in perpetuity and the other half is part of their five year pledge to the Capital Campaign;
(iv) The donors remove their assets from their will and therefore

avoid probate fees and maintain pri

efits to the charity:

The gift is immediate and irrevoca-ble to both the OJCF and the Capital

Have you been to Israel lately?

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CONTRIBUABLES DE LA VILLE D'OTTAWA

Watch for your 1996 final tax bill

Early in May, the City of Citawa will issue the final bill for 1998 property and business taxes.

Finel tax peyments are due on these detes:

Property Tax May 31, June 28 Business Tax May 31

A penelty of 1.25% for lete payment is added the day efter the due date and the first day of each month thereefter.

These tex payment options are evelleble:

- Discount lor payment of total fine lax bill by Mey 31 For property taxes only

Pre-euthorized payments on due dates
 Amounts due are withdrawn eutomatically from your bank e

A monthly coyment is withdrawn outometically from your bank occount

Details about these options are available from the Tax Office. Informetion end an application form for pre-authorized payments ere also available on the Netional Capital FreeNet under the City of Ottawa menu.

It you do not receive your fine! tax biii by May 17, 1996, or if you need tax information, contact: Ony of Ottawa Tax Office, 111 Sussex Drive, 3rd Floor, Sussex Pavilion

T (613) 244-5656

Fax (613) 244-5453

Extended hours for tax inquiries Mey 13 to 24, 8:00 a.m. lo 6:00 p.m.

Extended hours for tax payments
Mey 29 to 31 end June 26 to 28, 8:00 a.m. to 6:00 p.m.

Facture de taxes finale 1996

Au début de mai, la Ville d'Ottawa enverra eux contribuables les l'actures de taxes foncières et d'effeires fineles pour 1996,

Les pelements sont exigibles eux dates sulvantes :

Taxes foncières 31 mei, 28 juin Taxes d'affaires 31 mai

Des frais de 1,25 % sont ajoutés eux factures en souffrance le jour suivant l'échéance et le premier jour de chaque mois par la sulte.

Vous disposez des options de pelement sulventes ;

 Rebais pour le paiement de la facture de taxes finale au plus terd le 31 mai Taxes foncières seulement

Prélèvement eutomatique eux dates d'échéance
Les montents à peyer sont prélevés eutomatiquement sur votre compte bancaire.

Les montents prévus sont prélevés eutometiquement sur votre compte bancaire.

Vous pouvez obtenir de plus amples détails à cet égard eu Bureau des taxes. Vous pouvez également obtenir des renseignements et un lormuleire de demende de prélèvement autometique sur le Freenet de le Capitale nationale, menu de le Ville d'Ottewa.

Si vous r'evez pas reçu votre lecture d'ici eu 17 mel 1996, ou si vous evez besoin de renseignements sur les taxes, communicuez evec le :

Eureeu des taxes, Ville d'Ottawa, 111, promenede Sussex, 3e étage, pevillon Sussex **2** (613) 244-5656 Téléc. (613) 244-5453

Heures prolongées pour les demendes de renselgnements fiscaux : Du 13 au 24 mai, de θ h à 18 h

Heures prolongées pour le palement des taxes Du 29 eu 31 mai et du 26 eu 28 juin, de 8 h à 18 h.

IEWISH COMMUNITY CALENDAR FRIDAY, MAY 10 SATURDAY, MAY 11 THURSDAY, MAY 9 SUNDAY, MAY 12 TUESDAY, MAY 7 WEDNESDAY, MAY 8 MDNDAY, MAY 6 Ottawa Hadassah-WiZO "Delightful Deals", Bridge end Mah Jongg, The Ottawa Bridge Centre, 717 Bellast Road, 11:00 a.m. - 3:00 p.m. JACS, Jewish Community Centre, 151 Chapel Street, Jewish Community Cen-tre Drop-in Diner and Judaism Course with Ann Lynn Lipton, Jewish Commu-nity Centre, 151 Chapel Street, Lunch at 12 noon, Lec-ture at 12:45. MOTHER'S DAY N'Shel Chabad Annual omen's Week Citadel Hotel, Jewish Community Cen-tre Sunday Funday for Chil-dren in grades 1 and higher, Jewish Community Campus, 881 Broadview, 1:15 - 4:00 7:30 p.m. Hillel Lodge Lunch, Hillel Lodge, 125 Wurtemburg Street, 12 noon. CANDLELIGHTING Machzikei Hades Sister-hood Program, Machzikei Hadas, 2310 Virginia Drive, 8:00 p.m. p.m. Beth Shalom West Sephardic Evening with Music, Beth Shalom West, 15 Chartwell, 7:30 p.m. SATURDAY, MAY 18 FRIDAY, MAY 17 SUNDAY, MAY 19 THURSDAY, MAY 16 TUESDAY, MAY 14 WEDNESDAY, MAY 15 MDNDAY, MAY 13 Jewish Community Cen-tre/Jewish Family Services Adults for Lively Leisure, Agudath Israel Congregation, 1400 Coldrey Avenue, 12:00 Golden Age Mother's Day Luncheon, Jewish Com-munity Centre, 151 Chapel Street, 12:30 p.m. Jewish Community Cen-tre "In The Know", Jewish Community Centre, 151 Chapel Street, 1:00 p.m. - 2:30 Jewish Community Cen-tre Drop-In Diner and Judaism Course with Ann Lynn Lipton, Jewish Commu-W CANDLELIGHTING United Jewish Appeal nity Centre, 151 Chapel Street, Lunch at 12 noon, Lec-lure at 12:45. Women's Division 5 Birthday Evening, Chat Laurier Holel, 7:30 p.m. JACS, Jewish Community Centre, 151 Chapel Street, 7:30 p.m. Executive Board Meeting, Jewish Community Campus, 881 Broadview Avenue, 5:30

This information is taken from the community calendar maintained by the Women's Federation of the Jewish Community Council. Organizations which would like their events to be listed, no matter where they are to be held, should make sure they are recorded by advising Kayla Mailay, calendar co-ordinator at 789-9730 between 10 am and 4 pm. Accurate details must be provided.

Ottawe Talmud Torah Board Meeting, Jewish Com-munity Campus, 881 Broad-view Avenue, 7:30 p.m.

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e blackets . Saturday 7 a.m. 2 pomer - maskin

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Community Cultural Event

Mark May 30, 1996 on your calendar for the second annual musical evening of song, dance and poetry sponsored by J.I.A.S. It will be held at 881 Broadview, starting at 7.00 p.m. Light refreshments will be served.

The evening will feature the Hillel Choir, the Cabaret School of Dancing, Daniel Nadezhdin, Sossy Weinman, George Karlin, Natasha Guiller and Isaac Muzikansky. This will be an evening of entertainment not be missed. Everyone is welcome.

Please phone Valerie Terkel at 789-1800 for further details.



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Condolences

Condolences are extended to the families of:

Fay Friedman, Toronto (mother of Reuben Friedman)

Sydney Mortimer

Jack Shulman

May their memories be a blessing.

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one-woman show that addresses the situation of our aging pupulation Laugh and cry along with Tillie, an oetogenarian forced to make critical decisions concerning her life.

Chateau Laurier Hotel, Monday, May 13, 7:30 pm

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includes performance, dessert, parking and donation to $U_j^{\dagger}\!A$ Call UJA (789-7306) . . . Reserve NOWi Kashrut observed

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BULLETIN DEADLINES

May 29 FOR JUNE 17

JULY 3 FOR JULY 22

AUGUST 7 FOR AUGUST 26